# GOLD SORES HAPPEN BE PREPARED

WITH THE ONLY PRESCRIPTION MEDICATION THAT FIGHTS THE VIRUS AND THE INFLAMMATION.

INSTANT SAVINGS OFFER.

SEE INSIDE FOR DETAILS



#### INDICATION

XERESE<sup>®</sup> (acyclovir and hydrocortisone) cream 5%/1% is a prescription medicine used in patients ages 6 and older to lessen the healing time of cold sores (herpes labialis) and lessen the chance of a cold sore becoming worse (ulcerating). It should be used early, at the first sign of a cold sore.

#### **IMPORTANT SAFETY INFORMATION**

- XERESE is for cold sores on lips and around the mouth only and should not be used in eyes, mouth, nose or on genitals. Use exactly as directed by your healthcare provider.
- XERESE is not a cure for cold sores.

### Please see Important Safety Information throughout and accompanying full Prescribing Information.

## Two cold-sore-fighting medications in one easy-to-apply cream

Unlike other over-the-counter and prescription cold sore treatments, **ONLY prescription XERESE**<sup>®</sup> contains both an **antiviral AND** an **anti-inflammatory** medication.



#### ANTIVIRAL

Acyclovir blocks the HSV-1 virus from replicating, or copying itself.

#### ANTI-INFLAMMATORY

Hydrocortisone is a treatment to reduce inflammation.

#### **IMPORTANT SAFETY INFORMATION (CONTINUED)**

- It is not known if XERESE is safe for or works in children younger than 6 years old.
- The safety of XERESE is unknown in women who are pregnant or breast-feeding, or in patients with a weak
  immune system (become sick very easily). Tell your healthcare provider about these or any other medical
  conditions you have before using XERESE.

Please see Important Safety Information throughout and accompanying full Prescribing Information.

## Treating at the first sign of a cold sore can help prevent it from getting worse

In a study of 1,443 patients who received treatment for 5 days, **42% of patients** who applied XERESE within an hour of the first signs or symptoms **prevented their cold sores from progressing** to the ulcerative stage (when they burst and form painful sores) when compared to placebo. In the same study of 1,443 adults, XERESE when compared to placebo:







Talk to your healthcare provider if your cold sore is not better in 2 weeks.

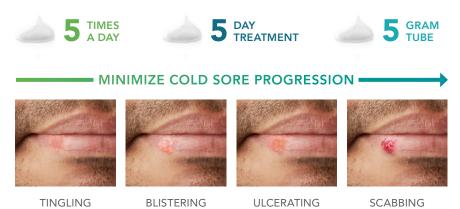
## SAVE ON YOUR PRESCRIPTION



professional about XERESE today.

For more information, visit XERESE.com.

### APPLY XERESE EARLY



#### **INDICATION**

XERESE<sup>®</sup> (acyclovir and hydrocortisone) cream 5%/1% is a prescription medicine used in patients ages 6 and older to lessen the healing time of cold sores (herpes labialis) and lessen the chance of a cold sore becoming worse (ulcerating). It should be used early, at the first sign of a cold sore.

#### **IMPORTANT SAFETY INFORMATION**

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- XERESE is not a cure for cold sores.
- It is not known if XERESE is safe for or works in children younger than 6 years old.
- The safety of XERESE is unknown in women who are pregnant or breast-feeding, or in patients with a weak immune system (become sick very easily). Tell your healthcare provider about these or any other medical conditions you have before using XERESE.
- Do not cover the cold sore or the area around the cold sore with a bandage.
- Do not use other skin products (such as make-up, sun screen or lip balm) or other skin medicine on the cold sore or the area around the cold sore.
- Talk to your healthcare provider if your cold sore is not better in 2 weeks.
- The most common side effects of XERESE are: drying or flaking of the skin, tingling or burning after applying it, redness of the skin and swelling or changes in skin color where the cream is applied. These are not all the possible side effects of XERESE. Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

#### Please see accompanying full Prescribing Information.

## XERESE- acyclovir and hydrocortisone cream Bausch Health US LLC

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HIGHLIGHTS OF PRESCRIBING INFORMATION These highlights do not include all the information needed to use XERESE safely and effectively. See full prescribing information for XERESE.				
XERESE <sup>®</sup> (acyclovir and hydrocortisone) cream, for topical use Initial U.S. Approval: 2009				
INDICATIONS AND USAGE				
XERESE, a combination of acyclovir, a herpes simplex virus deoxynucleoside analog DNA polymerase inhibitor, and hydrocortisone, a corticosteroid, is indicated for the early treatment of recurrent herpes labialis (cold sores) to reduce the likelihood of ulcerative cold sores and to shorten the lesion healing time in adults and children (6 years of age and older). (1)				
DOSAGE AND ADMINISTRATION				
Topically apply XERESE 5 times per day for 5 days. Therapy should be initiated as early as possible after the first signs and symptoms (i.e., during the prodrome or when lesions appear). (2)				
DOSAGE FORMS AND STRENGTHS				
Cream: 50 mg (equivalent to 5%, w/w) acyclovir and 10 mg (equivalent to 1%, w/w) hydrocortisone. (3)				
None.(4)				
WARNINGS AND PRECAUTIONS				
• Only for topical use for recurrent herpes labialis on the lips and around the mouth. (5)				
ADVERSE REACTIONS				
The following most common adverse reactions (<1%) were local skin reactions:				
Drying or flaking of the skin; burning or tingling, erythema; pigmentation changes; application site reactions including signs and symptoms of inflammation. (6.1)				
To report SUSPECTED ADVERSE REACTIONS, contact Bausch Health US, LLC at 1-800-321-4576 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.				
No drug interaction studies have been performed with XERESE. (7)				
Immunocompromised Patients: Benefit has not been adequately assessed. (8.6)				
See 17 for PATIENT COUNSELING INFORMATION and FDA-approved patient labeling.				

Revised: 8/2020

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#### FULL PRESCRIBING INFORMATION

#### **1 INDICATIONS AND USAGE**

XERESE, a combination of acyclovir, a herpes simplex virus deoxynucleoside analog DNA polymerase inhibitor, and hydrocortisone, a corticosteroid, is indicated for the early treatment of recurrent herpes labialis (cold sores) to reduce the likelihood of ulcerative cold sores and to shorten the lesion healing time in adults and children (6 years of age and older).

#### **2 DOSAGE AND ADMINISTRATION**

Topically apply XERESE 5 times per day for 5 days. Therapy should be initiated as early as possible after the first signs and symptoms (i.e., during the prodrome or when lesions appear).

For each dose, topically apply a quantity of XERESE sufficient to cover the affected area, including the outer margin. Avoid unnecessary rubbing of the affected area to avoid aggravating or transferring the infection. For children 6 years of age and older, the dosage is the same as in adults.

#### **3 DOSAGE FORMS AND STRENGTHS**

Each gram of XERESE contains 50 mg (equivalent to 5%, w/w) acyclovir and 10 mg (equivalent to 1%, w/w) hydrocortisone in an aqueous cream base.

#### **4 CONTRAINDICATIONS**

None.

#### **5 WARNINGS AND PRECAUTIONS**

#### 5.1 General

XERESE is intended for cutaneous use only for herpes labialis of the lips and around the mouth. XERESE should not be used in the eye, inside the mouth or nose, or on the genitals.

There are other orofacial lesions, including bacterial and fungal infections, which may be difficult to distinguish from a cold sore. Patients should be encouraged to seek medical advice when a cold sore fails to heal within 2 weeks.

XERESE has a potential for irritation and contact sensitization [see Adverse Reactions (6.1)].

#### **6 ADVERSE REACTIONS**

#### 6.1 Adverse Reactions in Clinical Trials

Because clinical trials are conducted under widely varying conditions, the adverse reaction rates observed cannot be directly compared to rates in other clinical trials and may not reflect the rates observed in clinical practice.

The safety data derived from XERESE clinical trials reflect exposure to XERESE in 1,056 subjects with recurrent herpes labialis treated 5 times daily for 5 days.

The most common adverse reactions (<1%) were local skin reactions, and occurred in the area of the application site, including:

- Drying or flaking of the skin; burning or tingling following application; erythema; pigmentation changes; application site reaction including signs and symptoms of inflammation.

Contact dermatitis following application has been observed when applied under occlusion in dermal safety trials. Where contact sensitivity tests have been conducted, the reactive substances were hydrocortisone or a component of the cream base.

A trial enrolling 225 healthy adults was conducted to evaluate the contact sensitization potential of XERESE using repeat insult patch testing methodology. Of 205 evaluable subjects, one confirmed case (0.5%) of sensitization to hydrocortisone and 2 additional cases (1.0%) of possible sensitization to the XERESE base were identified. Additionally, one subject developed a contact allergy in the photosafety study to propylene glycol, one of the inactive ingredients of the cream base.

Dermal tolerance was assessed in a 21-day cumulative irritation trial in 36 healthy subjects. XERESE, its cream base and Zovirax<sup>®</sup> (acyclovir) Cream 5% all showed a high and cumulative irritation potential under occlusive and semi-occlusive conditions.

Photoallergic potential and phototoxicity were assessed in two trials in 50 and 30 healthy volunteers, respectively. No photoallergic or phototoxicity potential was identified for XERESE.

#### **7 DRUG INTERACTIONS**

No drug interaction studies have been performed with XERESE.

#### **8 USE IN SPECIFIC POPULATIONS**

#### 8.1 Pregnancy

#### Risk Summary

There are no available data on XERESE use in pregnant women. However, published observational studies over decades of use of topical acyclovir and low and medium potency topical corticosteroids during pregnancy have not established any association between use of these products and major birth defects, miscarriage, or adverse maternal or fetal outcomes *(see Data)*.

Animal reproduction studies have not been conducted with XERESE. Systemic exposure of acyclovir and hydrocortisone following topical administration of XERESE is expected to be minimal. Animal

reproduction studies with systemic exposure of acyclovir and hydrocortisone have been conducted. Refer to acyclovir and hydrocortisone prescribing information for additional details.

The estimated background risk of major birth defects and miscarriage for the indicated population is unknown. All pregnancies have a background risk of birth defect, loss, or other adverse outcomes. In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2% to 4% and 15% to 20%, respectively.

#### <u>Data</u>

#### Human Data

While available studies cannot definitively establish the absence of risk, published data from multiple large observational studies have not established an association with the use of topical acyclovir or low and medium potency topical corticosteroids (including hydrocortisone) during pregnancy and major birth defects, miscarriage, or adverse maternal or fetal outcomes. Available studies have methodological limitations including whether women who filled a prescription actually took the medication, non-randomized design, retrospective data collection, and the inability to control for confounders such as underlying maternal disease and use of concomitant medications.

#### 8.2 Lactation

#### Risk Summary

There are no data on the presence of acyclovir or hydrocortisone in human milk following topical administration. There are no data on the effects of acyclovir or hydrocortisone on the breastfed infant or on milk production. Systemic exposure following topical administration of either drug is expected to be minimal. The developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for XERESE and any potential adverse effects on the breastfed child from XERESE or from the underlying maternal condition.

#### 8.4 Pediatric Use

Safety and effectiveness in pediatric subjects less than 6 years of age have not been established.

#### 8.5 Geriatric Use

In clinical studies, there were insufficient subjects above 65 years of age to reach a firm conclusion regarding safety and efficacy of XERESE in this group, although the available results were similar to lower age subjects.

#### 8.6 Immunocompromised Subjects

Even though the safety of XERESE has been studied in immunocompromised subjects, data are insufficient to support use in this population. Immunocompromised subjects should be encouraged to consult a physician concerning the treatment of any infection.

Benefit has not been adequately assessed in immunocompromised patients. A randomized, double-blind trial was conducted in 107 immunocompromised subjects with stable HIV infection and recurrent herpes labialis. Subjects had on average 3.7 episodes of herpes labialis in the previous 12 months. The median age was 30 years (range 19 to 64 years), 46% were female, and all Caucasian. Median CD4+ T-cell count at screening was 344/mm<sup>3</sup> (range 100-500/mm<sup>3</sup>). Subjects were treated with XERESE or 5% acyclovir in XERESE vehicle. The primary objective was to exclude a doubling of the healing time in either treatment arm. The mean healing time for cold sores was similar between the two treatment groups: 6.6 days for XERESE and 6.9 days for 5% acyclovir in XERESE vehicle.

#### **10 OVERDOSAGE**

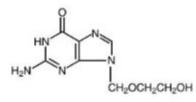
Overdosage by topical application of XERESE is unlikely because of minimal systemic exposure [see

#### **11 DESCRIPTION**

XERESE contains acyclovir, a synthetic nucleoside analogue active against herpes viruses, and hydrocortisone, an anti-inflammatory corticosteroid, combined in a cream for topical administration. Each gram of XERESE contains 50 mg (equivalent to 5%, w/w) of acyclovir, 10 mg (equivalent to 1%, w/w) of hydrocortisone and the following inactive ingredients: cetostearyl alcohol, citric acid monohydrate, isopropyl myristate, mineral oil, Poloxamer 188, propylene glycol, purified water, USP, sodium hydroxide, sodium lauryl sulfate, and white petrolatum. Sodium hydroxide or hydrochloric acid may have been added to adjust the pH to approximately pH 5.

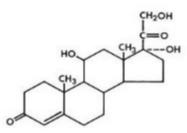
Acyclovir, 2-Amino-9-[(2-hydroxyethoxy)methyl]-1,9-dihydro-6H-purin-6-one, is a synthetic nucleoside analogue active against herpes viruses. The maximum solubility of acyclovir in water at 37°C is 2.5 mg/mL. The pKa's of acyclovir are 2.27 and 9.25. Its empirical formula is  $C_8H_{11}N_5O_3$ . The structural formula is provided in Figure 1:

#### Figure 1: Structural Formula of Acyclovir



Hydrocortisone, pregn-4-ene-3,20-dione, 11,17,21-trihydroxy- (11 $\beta$ ), is an anti-inflammatory corticosteroid. Its empirical formula is C<sub>21</sub>H<sub>30</sub>O<sub>5</sub>. The structural formula is provided in Figure 2:

#### Figure 2: Structural Formula of Hydrocortisone



#### **12 CLINICAL PHARMACOLOGY**

#### 12.1 Mechanism of Action

Acyclovir is an antiviral drug active against  $\alpha$ -herpesviruses and hydrocortisone is an anti-inflammatory drug [see *Microbiology* (12.4)].

#### 12.3 Pharmacokinetics

The plasma concentrations of acyclovir and hydrocortisone were not measured following topical administration of XERESE on cold sores.

The extent of percutaneous absorption of topical corticosteroids is determined by many factors including the vehicle, the integrity of the epidermal barrier, and the use of occlusive dressings.

Topical corticosteroids can be absorbed from normal intact skin and can have systemic side effects

depending on both the potency of the corticosteroid and the surface area of application. Inflammation and/or other disease processes in the skin that disrupt the skin barrier can increase percutaneous absorption.

Once absorbed through the skin, topical corticosteroids are handled through pharmacokinetic pathways similar to systemically administered corticosteroids. Corticosteroids are bound to plasma proteins in varying degrees. They are metabolized primarily in the liver and are then excreted by the kidneys. Some of the topical corticosteroids and their metabolites are also excreted into the bile.

#### 12.4 Microbiology

#### **Mechanism of Action**

**Acyclovir** is a synthetic purine deoxynucleoside analogue with inhibitory activity against herpes simplex viruses type 1 (HSV-1) and type 2 (HSV-2) DNA polymerases. It inhibits HSV-1 and HSV-2 replication in cell culture and in vivo.

The inhibitory activity of acyclovir is selective due to its affinity for the enzyme thymidine kinase (TK) encoded by HSV. This viral enzyme converts acyclovir into acyclovir monophosphate, a deoxynucleotide analogue. The monophosphate is further converted into diphosphate by cellular guanylate kinase and into triphosphate by a number of cellular enzymes. In biochemical assays, acyclovir triphos phate inhibits replication of  $\alpha$ -herpes viral DNA. This inhibition is accomplished in 3 ways: 1) competitive inhibition of viral DNA polymerase, 2) incorporation into and termination of the growing viral DNA chain, and 3) inactivation of the viral DNA polymerase.

**Hydrocortisone** is the main glucocorticoid secreted by the adrenal cortex. It is used topically for its anti-inflammatory effects which suppress the clinical manifestations of the disease in a wide range of disorders where inflammation is a prominent feature.

#### **Antiviral Activity**

The quantitative relationship between the susceptibility of herpes viruses to antivirals in cell culture and the clinical response to therapy has not been established in humans, and virus sensitivity testing has not been standardized. Sensitivity testing results, expressed as the concentration of drug required to inhibit by 50% the growth of virus in cell culture (EC<sub>50</sub> value), vary greatly depending upon a number of factors. Using plaque-reduction assays on Vero cells, the EC<sub>50</sub> value of acyclovir against herpes virus isolates ranged from 0.09 to 60  $\mu$ M (0.02 to 13.5  $\mu$ g/mL) for HSV-1 and from 0.04 to 44  $\mu$ M (0.01 to 9.9  $\mu$ g/mL) for HSV-2.

#### Resistance

#### In Cell Culture

Acyclovir-resistant HSV-1 and HSV-2 strains were isolated in cell culture. Acyclovir-resistant HSV resulted from mutations in the viral thymidine kinase (TK; pUL23) and DNA polymerase (POL; pUL30) genes. Frameshifts were commonly isolated and result in premature truncation of the HSV TK product with consequent decreased susceptibility to acyclovir. Mutations in the viral TK gene may lead to complete loss of TK activity (TK negative), reduced levels of TK activity (TK partial), or alteration in the ability of viral TK to phosphorylate the drug without an equivalent loss in the ability to phosphorylate thymidine (TK altered). In cell culture the following resistance-associated substitutions in TK of HSV-1 and HSV-2 were observed (Table 1).

## Table 1: Summary of Acyclovir (ACV) Resistance-associated Amino Acid Substitutions in Cell Culture

HSV-1	TK	P5A, H7Q, L50V, G56V, G59A, G61A, K62N, T63A, E83K, P84S, D116N, P131S, R163H, A167V, P173L, Q185R, R216S, R220H, T245M, R281stop, T287M, M322K		
HSV-2	ΤK	L69P, C172R, T288M		
HSV-1	POL	D368A, Y557S, E597D, V621S, L702H, N815S, V817M, G841C		

#### **In HSV-Infected Patients**

Clinical HSV-1 and HSV-2 isolates obtained from patients who failed treatment for their αherpesvirus infections were evaluated for genotypic changes in the TK and POL genes and for phenotypic resistance to acyclovir (Table 2). HSV isolates with frameshift mutations and resistance-associated substitutions in TK and POL were identified. The listing of substitutions in HSV TK and POL leading to decreased susceptibility to acyclovir is not all inclusive and additional changes will likely be identified in HSV variants isolated from patients who fail acyclovir-containing regimens. The possibility of viral resistance to acyclovir should be considered in patients who fail to respond or experience recurrent viral shedding during therapy.

## Table 2: Summary of ACV Resistance-associated Amino Acid Substitutions Observed in Treated Patients

HSV-1	ТК	<ul> <li>G6C, R32H, R41H, R51W, Y53C/D/H, Y53stop, D55N, G56D/S, P57</li> <li>H58/N/R/Y, G59R, G61A, K62N, T63I, Q67stop, S74stop, Y80N, E8</li> <li>P84L, Y87H, W88R, R89Q/W, E95stop, T103P, Q104H, Q104stop, H1</li> <li>D116N, M121L/R, S123R, Q125H, M128L, G129D, I143V, A156V</li> <li>D162A/H/N, R163G/H, L170P, Y172C, P173L, A174P, A175V, R1760</li> <li>R176stop, L178R, S181N, V187M, A189V, V192A, G200C/D/S, T20</li> <li>V204G, A207P, L208F/H, R216C/H, R220C/H, R221H, R222C/H, L22</li> <li>T245M/P, L249P, Q250Stop, C251G, R256W, E257K, Q261R, T287</li> <li>L288Stop, L291P/R, L297S, L315S, L327R, C336Y, Q342Stop, T354</li> </ul>		
HSV-2	TK	R34C, G39E, R51W, Y53N, G59P, G61W, S66P, A72S, D78N, P85S, A94V, N100H, I101S, Q105P, T131P, D137stop, F140L, L158P, S169P, R177W, S182N, M183I, V192M, G201D, R217H, R221C/H, Q222stop, R223H, Y239stop, R271V, P272S, D273R, T287M, C337Y		
HSV-1	POL	K532T, Q570R, L583V, A605V, A657T, D672N, V715G, A719T/V, S724N, F733C, E771Q, S775N, L778M, E798K, V813M, N815S, G841S, I890M, G901V, V958L H1228D		
HSV-2	POL	E250Q, D307N, K533E, A606V, C625R, R628C, E678G, A724V, S725G, S729N, I731F, Q732R, M789K/T, V818A, N820S, Y823C, Q829R, T843A M910T, D912N/V, A915V, F923L, T934A, R964H		

Note: Additional substitutions to acyclovir resistance may exist.

#### Cross-resistance

Cross-resistance has been observed among HSV isolates carrying frameshift mutations and resistance-associated substitutions, which confer reduced susceptibility to penciclovir (PCV), famciclovir (FCV), and foscarnet (FOS) [Table 3].

## Table 3: Summary of Amino Acid Substitutions Conferring Cross-Resistance to PCV, FCV orFOS

Cross-resistant to PCV/FCV	HSV-1 TK	G6C, R32H, R51W, Y53C/H, H58N, G61A, S74Stop, E83K, P84L, T103P, Q104Stop, D116N, M121R, I143V, R163H, L170P, Y172C, A174P, R176Q/W, Q185R, A189V, G200D, L208H, R216C, R220H, R222C/H, T245M, Q250Stop, R256W, R281Stop, T287M, L315S, M322K, C336Y

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Cross-resistant to PCV/FCV	HSV-1 POL	A657T, D672N, V715G, A719V, S724N, E798K, N815S, G841S
Cross-resistant to PCV/FCV	HSV-2 TK	G39E, R51W, Y53N, R177W, R221H, T288M
Cross-resistant to PCV/FCV	HSV-2 POL	K533E, A606V, C625R, R628C, S729N, Q732R, M789K/T, V818A, N820S, F923L, T934A
Cross-resistant to FOS	HSV-1 POL	D368A, A605V, D672N, L702H, V715G, A719T/V, S724N, L778M, E798K, V813M, N815S, V817M, G841C/S, I890M,
Cross-resistant to FOS	HSV-2 POL	K533E, A606V, C625R, R628C, A724V, S725G, S729N, I731F, Q732R, M789K/T, V818A, Y823C, D912V, F923L, T934A, R964H

#### **13 NONCLINICAL TOXICOLOGY**

#### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

Systemic exposure following topical administration of acyclovir is minimal. Results from previous studies of carcinogenesis, mutagenesis and fertility for acyclovir and hydrocortisone are not included in the full prescribing information for XERESE due to the minimal exposures that result from dermal application. Information on these studies following systemic exposure is available in the full prescribing information for acyclovir and hydrocortisone products approved for oral or parenteral administration. Dermal carcinogenicity studies have not been conducted.

#### **14 CLINICAL STUDIES**

#### 14.1 Clinical Trial Experience in Adults

In a double-blind, clinical trial, 1,443 subjects with recurrent labial herpes were randomized to receive XERESE, 5% acyclovir in XERESE vehicle or vehicle alone. Subjects had, on average, 5.6 episodes of herpes labialis in the previous 12 months. The median age was 44 years (range 18 to 80 years), 72% were female, and 91% were Caucasian. Subjects were instructed to initiate treatment within 1 hour of noticing signs or symptoms and continue treatment for 5 days, with application of study medication 5 times per day. Ulcerative cold sores occurred in 58% of the subjects treated with XERESE compared to 74% in subjects treated with vehicle and 65% in subjects treated with 5% acyclovir in XERESE vehicle. The mean time to skin normalization was approximately 1.6 days shorter in the subjects treated with XERESE compared to vehicle. Clinical signs in terms of size of the cold sore and symptoms such as tenderness were reduced with XERESE as compared to vehicle.

#### 14.2 Clinical Trial Experience in Pediatric Subjects

An open-label safety trial in adolescents with recurrent herpes labialis was conducted in 134 subjects. Subjects had, on average, 4 episodes of herpes labialis in the previous 12 months. The median age was 14 years (range 12 to 17 years); 50% were female and all were Caucasian. XERESE was applied using the same dosing regimen as in adults and subjects were monitored for adverse events and selected efficacy parameters. The safety profile of XERESE appeared similar to that observed in adults.

An open-label safety trial in children with recurrent herpes labialis was conducted in 54 subjects, who averaged an episode of herpes labialis 2 months prior to trial entry. The mean age was 9 years (range 6 to 11 years); 57% were female and 90% were Caucasian. XERESE was applied using the same dosing regimen as in adolescents and adults and subjects were monitored for adverse events and select efficacy parameters. The safety profile of XERESE appeared similar to that observed in adults.

#### **16 HOW SUPPLIED/STORAGE AND HANDLING**

XERESE is supplied in a plastic-laminated aluminum tube containing 5 g of XERESE. Each gram of XERESE contains 50 mg (equivalent to 5%, w/w) acyclovir and 10 mg (equivalent to 1%, w/w) hydrocortisone in an aqueous cream base.

NDC 0187-5104-01 5 g tubes

Store at controlled room temperature 20° to 25°C (68° to 77°F); excursions permitted to 15° to 30°C (59° to 86°F). Do not freeze.

#### **17 PATIENT COUNSELING INFORMATION**

Advise the patient to read the FDA-approved patient labeling (Patient Information).

#### <u>General</u>

Patients should be informed that XERESE is not a cure for cold sores. Patients should be instructed that XERESE is intended for cutaneous use only for herpes labialis of the lips and around the mouth. Patients should be advised that XERESE should not be used in the eye, inside the mouth or nose, or on the genitals.

#### Instructions for Use

Advise patients to apply XERESE topically 5 times per day for 5 days. Instruct patients to topically apply a quantity of XERESE sufficient to cover the affected area, including the outer margin. Advise patients to avoid unnecessary rubbing of the affected area to avoid aggravating or transferring the infection.

#### Distributed by:

Bausch Health US, LLC

Bridgewater, NJ 08807 USA

#### Manufactured by:

Bausch Health Companies Inc.

Laval, Quebec H7L 4A8, Canada

Product under license from Meda Pharma S.A.R.L., Luxembourg by Bausch Health Ireland Limited, Dublin, Ireland

U.S. Patent Number: 7,223,387

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Zovirax is a registered trademark of the GlaxoSmithKline group of companies.

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#### **FDA-Approved Patient Labeling**

PATIENT INFORMATION XERESE<sup>®</sup> (sûr-eeze) (acyclovir and hydrocortisone) Cream 5%/1%

**Important information: XERESE is for use on cold sores on the lips and around the mouth only.** XERESE should not be used in your eyes, mouth, nose or on your genitals.

#### What is XERESE?

• XERESE is a prescription medicine used in people 6 years of age and older to shorten the healing time of cold sores (herpes labialis) and lower the chance of a cold sore becoming worse

(ulcerating).

• XERESE is not a cure for cold sores.

It is not known if XERESE is safe and effective in children less than 6 years of age.

#### What should I tell my healthcare provider before using XERESE?

Before using XERESE, tell your healthcare provider about all of your medical conditions, including if you:

- become sick very easily (have a weak immune system)
- are pregnant or plan to become pregnant. It is not known if XERESE will harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if XERESE passes into your breast milk. Talk with your healthcare provider about the best way to feed your baby if you use XERESE.

**Tell your healthcare provider about all the medicines you take**, including prescription and over-thecounter medicines, vitamins, and herbal supplements.

#### How should I use XERESE?

- Use XERESE exactly as your healthcare provider tells you to use it.
- Use XERESE as soon as you have the first symptom of a cold sore such as itching, redness, burning or tingling or when the cold sore appears.
- Apply XERESE over the affected area, including the outer edge of the cold sore.
- **Do not** rub the cold sore because this may cause the cold sore to spread to other areas around your mouth or make your cold sore worse.
- **Do not** cover the cold sore or the area around the cold sore with a bandage.
- **Do not** use other skin products (such as make-up, sun screen or lip balm) or other skin medicine on the cold sore or the area around the cold sore.
- Tell your healthcare provider if your cold sore is not better in 2 weeks.

#### What are the possible side effects of XERESE?

The most common side effects of XERESE are skin reactions at the treatment site and may include:

• drying or flaking, tingling or burning after you apply XERESE, redness, changes in skin color where the cream is applied, and swelling.

These are not all the possible side effects of XERESE. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

#### How should I store XERESE?

• Store XERESE at room temperature between 68° to 77°F (20° to 25°C). Do not freeze XERESE.

#### Keep XERESE and all medicines out of the reach of children.

#### General information about the safe and effective use of XERESE.

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use XERESE for a condition for which it was not prescribed. Do not give XERESE to other people, even if they have the same symptoms that you have. It may harm them. You can ask your pharmacist or healthcare provider for information about XERESE that is written for healthcare professionals.

#### What are the ingredients in XERESE?

Active ingredients: acyclovir and hydrocortisone

**Inactive ingredients:** cetostearyl alcohol, citric acid monohydrate, isopropyl myristate, mineral oil, Poloxamer 188, propylene glycol, sodium lauryl sulfate, purified water, USP, sodium hydroxide, and white petrolatum. May also contain hydrochloric acid.

**Distributed by:** Bausch Health US, LLC, Bridgewater, NJ 08807 USA

Manufactured by: Bausch Health Companies Inc., Laval, Quebec H7L 4A8, Canada

Product under license from Meda Pharma S.A.R.L., Luxembourg by Bausch Health Ireland Limited, Dublin, Ireland

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For more information call 1-800-321-4576.

This Patient Information has been approved by the U.S. Food and Drug Administration.

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